

# BLACKSTYLE Measurement form

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## Customer

First Name: .....

Name: .....

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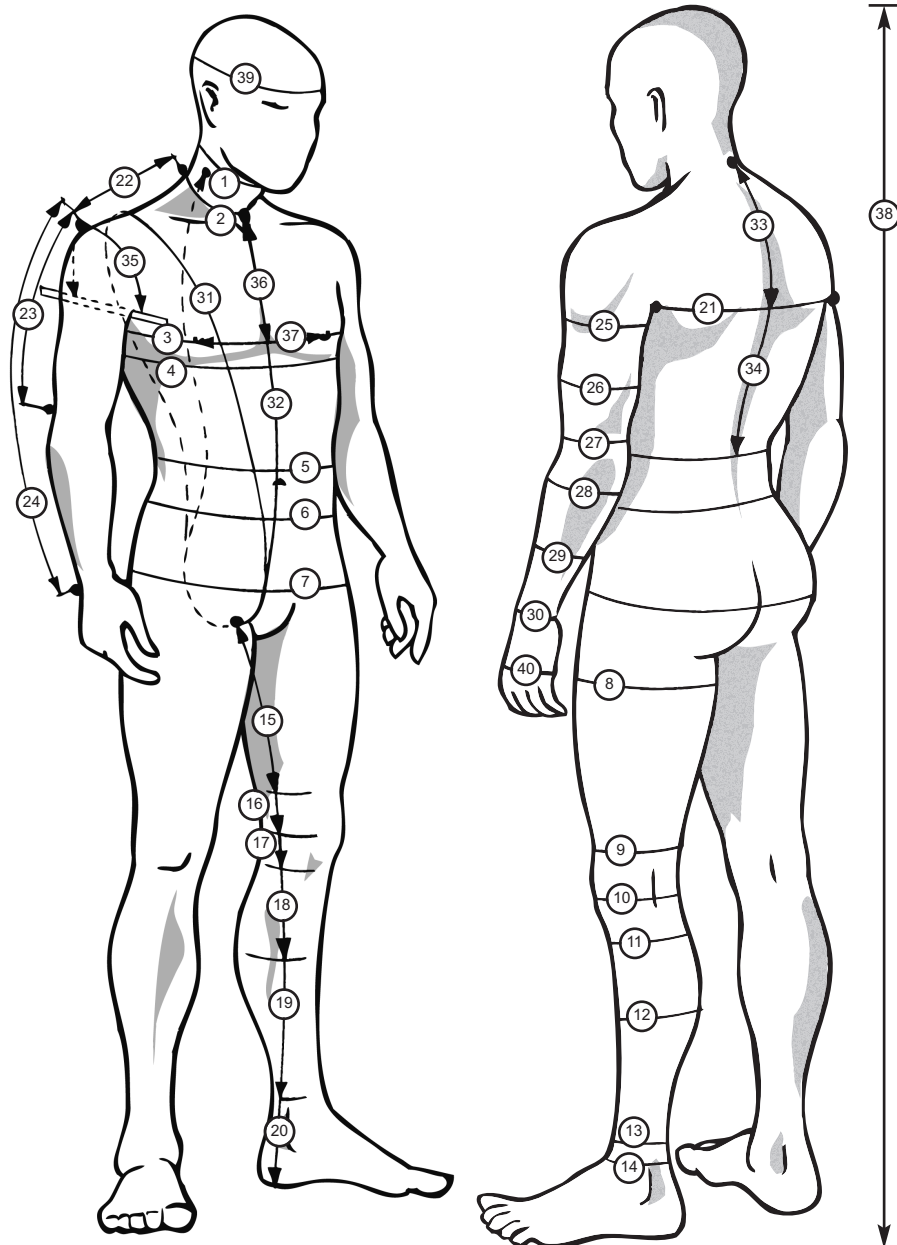
Country: .....

Phone: .....

Email: .....

## Notes

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**Your Measurements** (in cm) – Take measurements directly on the body. It is best to let another person else take the measurements.

- |  |   |   |
|--|---|---|
| 1 neck circumference<br><i>at narrowest point of the neck</i>                      | 16 inseam – crotch to knee<br><i>from crotch to measurement #10 level</i>                   | 31 body circum. – shoulder to shoulder<br><i>mid shoulder down the body through crotch up to starting point (men: beside the private parts)</i> |
| 2 lower neck circumference<br><i>at base of the neck</i>                           | 17 inseam – crotch to below the knee<br><i>from crotch to measurement #11 level</i>         | 32 body circum. – front to back of neck<br><i>from neck pit down the body through crotch up to cervical (men: beside the private parts)</i>     |
| 3 chest/bust circumference<br><i>at level of the nipples</i>                       | 18 inseam – crotch to calf<br><i>from crotch to measurement #12 level</i>                   | 33 upper back height<br><i>from cervical to armpit level</i>  |
| 4 under bust circumference<br><i>at bust fold level (women only)</i>               | 19 inseam – crotch to above the ankle<br><i>from crotch to measurement #13 level</i>        | 34 lower back height<br><i>from cervical to waist level</i>   |
| 5 waist circumference<br><i>at narrowest point of the body</i>                     | 20 inseam – crotch to floor<br><i>from crotch to the ground</i>                             | 35 over shoulder arc<br><i>from armpit level at the front to armpit level at the back</i>   |
| 6 lower waist<br><i>about 8 – 10 cm below waist</i>                                | 21 armpit to armpit<br><i>horizont. from armpit crease to armpit crease</i>                 | 36 bust depth<br><i>from pit of the throat to between the nipples</i>   |
| 7 seat/hip circumference<br><i>at widest point</i>                                 | 22 shoulder length<br><i>from tip of the shoulder to measurement #2 on side of the neck</i> | 37 distance between nipples<br><i>measure horizontally from nipple to nipple</i>  |
| 8 thigh circumference<br><i>at widest point about 3 cm below the crotch</i>        | 23 upper arm length<br><i>from the tip of the shoulder to the elbow</i>                     | 38 height<br><i>full height from the top of the head to the floor</i>   |
| 9 above the knee circumference<br><i>5 – 7 cm above the kneecap</i>                | 24 outside arm length<br><i>from the tip of the shoulder to the wrist</i>                   | 39 forehead circumference<br><i>around the forehead just above the eyebrows</i>   |
| 10 knee circumference<br><i>at level of the kneecap</i>                            | 25 upper arm circumference<br><i>at arm pit level</i>                                       | 40 palm circumference<br><i>widest part of palm excluding the thumb</i>   |
| 11 below the knee circumference<br><i>5 – 7 cm below the kneecap</i>               | 26 biceps circumference<br><i>around the biceps at the widest point</i>                     | bra size .....  |
| 12 calf circumference<br><i>at widest point</i>                                    | 27 above the elbow circumference<br><i>just above the elbow</i>                             | shoe size (European/UK/US scale?) .....   |
| 13 ankle circumference<br><i>above the ankle bone at the narrowest point</i>       | 28 upper forearm circumference<br><i>at widest part of the upper arm below the elbow</i>    | jeans size (waist/inseam) .....   |
| 14 ankle bone circumference<br><i>at level of the ankle bone</i>                   | 29 mid forearm circumference<br><i>at midway point between #28 and the wrist</i>            | clothing size (XS – XXL) .....  |
| 15 inseam – crotch to above the knee<br><i>from crotch to measurement #9 level</i> | 30 wrist circumference<br><i>at the narrowest part of the wrist</i>                         |   |